

## SIMPLE ABUNDANCE

God doesn't mind you having money,  
but He minds money having you.  
—T.D. Jakes

The simple life is the key to a beautiful and happy life.

So writes Bo Sanchez, best-selling author of *Simplify and Live the Good Life*. But he also says that the simple life isn't poverty, for poverty complicates life.

Now, in his much awaited sequel, *Simplify and Create Abundance*, Bo shares how you can move through the three stages of the financial journey towards what he calls Simple Abundance.

- (1) From "not having enough," which he calls the Desert...
- (2) To "having enough," which he calls the Manna in the Desert...
- (3) To "having more than enough," which he calls the "Promised Land" or Simple Abundance.

In this powerful book, Bo will teach you...

- How to live in First Class wherever you are.
- How to be happy without money—so that when the money arrives, you'll even be happier.
- How to attract money, but the kind of money that can make you holy.
- How to defeat the "Giants in your mind" that prevent you from entering into your Promised Land.

Like any of Bo's well-loved books, *Simplify and Create Abundance* is filled with his hilarious humor, yet at same breath is astounding in its wisdom.

Follow the instructions in these pages, and your life will never be the same again. You'll have more love, more peace, more joy—and yes, more money for your works of love.

Because you've reached the place of Simple Abundance.

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SIMPLIFY AND CREATE ABUNDANCE

BO SANCHEZ



# SIMPLIFY and CREATE ABUNDANCE

How to Be Really Wealthy  
Without Robbing Your Soul



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Best-selling author of *Simplify and Live the Good Life*  
and *You Have the Power to Create Love*

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Requests for information should be addressed to:

SHEPHERD'S VOICE PUBLICATIONS, INC.

#60 Chicago St., Cubao, Quezon City, Philippines 1109

Tel. No. (632) 411-7874 to 77

e-mail: [sale@shepherdsvoice.com.ph](mailto:sale@shepherdsvoice.com.ph)

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*SIMPLIFY AND CREATE ABUNDANCE*

*Many of life's failures are people who did not realize  
how close they were to success when they gave up.  
—Thomas Edison*

## INTRODUCTION

# NEVER FORGET THIS IS A JOURNEY

*Remember how the Lord your God led you on this long  
journey through the desert these past forty years...  
He made you go hungry, and then he gave you  
manna to eat.... The Lord your God is bringing you  
into a fertile land—there you will never  
go hungry or ever be in need.  
—Deuteronomy 8:2-10*

Everywhere I go, I share my crazy doughnut experience.  
So much so that people have called me the doughnut  
man.

My hope is that this doesn't reflect a numerical value.  
This is what happened.

When I was 16 years old, a friend and I were walking in  
a commercial center.

As we walked, I felt my tummy grumble.

I turned to my companion and asked, "Are you hungry?"

She nodded.

I searched for cash in my pockets and found none. That was no surprise. Actually, if I had found money, I would have wondered if I had worn someone else's pants.

I asked my friend again, "Do you have money?"

"Nope," she said, "I thought you had money."

Her answer revealed how much she didn't know me. In the meantime, my hunger pangs became more acute as I sensed the aroma of doughnuts wafting through the air. (I have the unique ability to smell doughnuts a mile away.)

I looked up at the sky and semi-complained, "Lord, what are you going to do about our hunger?"

That was when a crazy idea hit my head.

I told my friend, "Hey, let's just go into this doughnut shop and *smell!*"

"Just *smell*? That's all we'll do?"

"Yes!" I said. "And let's have faith that God will fill up our stomachs!"

So we marched in, looked at the colorful doughnuts in front of us, and prayed, "Bless us, oh Lord, and the food which we are to receive..."

Then we started smelling with gusto. Mmmmm!

That was when I heard a guy call my name from the back of the eatery.

“Bo!” the distinguished looking man hollered, waving at me.

I waved back at him and smiled my friendliest smile. I also whispered to my friend, “Do you know who this guy is waving at me?”

“Don’t have a clue,” she said.

He walked up to me and said, “Hi, Bo!”

I answered, “Hi! Long time no see!”

After a few more hi’s, I asked, “By the way, what’s your name?”

“My name is John!” he laughed.

The conversation became better after that until he asked me a question that was incredibly difficult to answer: “Bo, what are you doing here?”

I just knew that “smelling” was not going to be a good answer at all.

A light bulb turned on my head. “Uhh... we were just taking a breather,” I said. I had to change the topic right away so I asked, “John, what are you doing here?”

“Me? I’m the manager of this doughnut shop.”

My chinky eyes became large as saucers.

“Oh... you’re the manager...”

Already, I could hear Handel’s *Hallelujah Chorus* being played in the background.

“Yes. Why don’t you and your friend line up and get as many doughnuts as you want. They’re on the house.”

That day, I ate 31 doughnuts.

## GOD IS A GOD OF MIRACLES

My friends, that's manna.

A miraculous blessing from God at the time you need it most.

I can fill this entire book with manna stories from my life.

When the Israelites were hungry, God sent them bread each morning. When they woke up, manna was found on the desert sands.

I believe that to this day, when we travel our desert of financial difficulty, God still gives us manna. He gives us miracles every day!

How many times I've heard stories like this one I cannot count: Enrollment season is coming and the mother has no idea where to get money for her kid's tuition. But on the day before the deadline, a letter arrives from an aunt in the US (or Australia, or Canada, or Italy...) and though this person hasn't written for three centuries, in the envelope is a check. And it's always the exact amount needed.

Inspiring, isn't it? But here's our problem: Some people think that receiving manna in the desert is God's desired destination for us. Let me shock you. It *isn't* our destination.

He wants you to enter the Promised Land.<sup>1</sup>

He wants you to enter a place which I call Simple Abundance.

That's where He wants you to go.

He doesn't just want you to wait for manna to fall from the sky. He actually wants you to enter the Promised Land, where you'll till the soil, plant the seed and harvest the crops! And yes, receive even more abundant miracles from Him!

This is my message in this book: From a state of not having enough (the desert), you move to a state of having enough (the desert with manna). But ultimately, God wants you to move to a state where you have more than enough—the Promised Land, or the place of Simple Abundance.

I believe He wants you to move into Simple Abundance where you can share your blessings with others.

Don't get stuck in the desert.

And as wonderful as manna is, don't get stuck with it either.

Here's what I mean.

## **GO TO THE PROMISED LAND**

A friend of mine drives this special car.

He says it doesn't run on diesel or gasoline—it runs on faith. Because there are days when the car's fuel tank is empty and he has no money to buy gasoline. So he prays over the car and it works for a few more days until he has money to buy gas.

And there are mornings when he can't start his car. So he lays his hand on the dashboard and prays over the car. After a few failed attempts at the ignition, and a few more

desperate praying-in-tongues and refrains of the song “Come Holy Spirit, I Need You,” the engine purrs and comes alive.

My friend says, “Bo, this has been going on for a year now. This is a miracle car!” And he asks me, “Do these miracles happen to you as well?”

I smile, “Yes, but my miracles are a bit different now.”  
“What do you mean?”

“I never run out of gas because I fill up the gas tank every time I need to. I also buy a new car battery every 18 months. That’s why my car starts every morning.”

He frowns, “What’s so exciting about that? Where’s the miracle?”

“The miracle,” I announce, “is that I can now afford to buy a full tank of fuel and a new battery every 18 months! The miracle is that God is using my itsy-bitsy teeny-weeny businesses to provide for my needs!”

You see, the manna experience was designed by God to teach us an *attitude*, not a behavior.

I told my friend to start moving to the Promised Land.  
My dear reader, I ask you to do the same.

Move to the place of Simple Abundance because God wants to use you to provide for the needs of the Church and the poor.

How do you do that?

Read on.

## GET THE DESERT OUT OF YOU

Are you going through financial difficulties?

Where you are now need not be a permanent situation.

This isn't your life.

This isn't the destination.

This is just a stopover—a very important stopover with lessons that you need to learn, of course—but you've got to move on.

God wants you to move on!

I've said this in my first book, *Simplify and Live the Good Life*, and I'll say it again: Poverty is not simplicity. Poverty complicates life.

You see, we have a tendency to get stuck with trouble. It becomes our home. We get used to it.

I've always had this frustration of helping someone out of poverty, giving him a scholarship and even a new home... only to find out that after a few years, that same person will sabotage his life by getting someone pregnant, or marrying a bum, or committing a crime and ending up in jail... thereby going back to the poverty that he came from.

Why does he do this? Because in his subconscious mind, he's saying, "I'm poor and I'll always be poor." I realize that though I was able to "bring him out of the desert," he couldn't remove the desert from his heart, and so he kept on returning there.



*INTRODUCTION*

Like the Israelites that had to fight Giants to enter the Promised Land, you too need to defeat tough Giants in your minds, and this terrible belief is one of them.

So say this with me: I'm going to the place of Simple Abundance.

Get comfortable with these words.